

First Strike

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6TH ANNUAL FIRST STRIKE

THE BATTLE ON TOP OF THE HILL

2/12/2012

KARATE, TAE KWON DO & KUNG FU CHAMPIONSHIP TOURNAMENT

BEST WESTERN CHICAGO
4400 FRONTAGE RD. HILLSIDE, IL 60163 708-544-9300
THIS YEAR TOURNAMENT WILL BE HELD IN
THE LAFAYETTE & CHURCHILL ROOMS
BEAUTIFUL TROPHIES
ALL CHILDREN COMPETITORS UNDER 12 RECEIVE AN AWARD
CASH PRIZES FOR GRAND CHAMPION BLACK BELT DIVISIONS
PROMOTER - KENNETH YOUNG
708-445-9252
YOUNGSSCHOOLOFMARTIALARTS1@YAHOO.COM




Dear Martial Artists',
Whether you are beginning Competitor or a Seasoned Veteran I would like to invite you to my 5th Annual First Strike National Karate, Tae Kwon Do, and Kung Fu Championship Tournament. I am very excited about this Tournament. I have invited some of the best competitors from across the country to take part in this event. I will be working extra hard to ensure a fair and clean Tournament. There will be beautiful Trophies and cash prizes for men and women Black Belt Grand Champions'. I would like to wish good luck to all those who attend this year's event.

Sincerely,
Master Kenneth Young

WHEN: Sunday, February 12, 2012

WHERE: BEST WESTERN HOTEL-
4400 Frontage Road, Hillside, IL 60165
Phone (708) 544-9300

TIME: Registration-7:00 a.m. until start of the division
Eliminations start promptly at 11:00 a.m.
***Musical Divisions & Open/Creative/Extreme/Self
Defense Divisions will start at 10:00 a.m. - PROMPT!**

BLACK BELT
MEETING: Starts at 11:00 a.m.-All "Black Belts" **please try to attend.**
(PLEASE WEAR YOUR GI TO JUDGE- Thank You!)

ENTRY
FEES: **Pre-Registration** **Registration** (after February 1, 2012)
\$45.00-2 Event \$50.00-2 Event
\$5.00-each add'l Event \$5.00-each add'l Event

SPECTATORS: Admission- \$10.00
Children (ages 4 & under)- Free Fun Saver

PRE-REGISTRATION
INFORMATION:

Mail-In Registration

- * Complete Registration Form
- * Mail Form w/Appropriate Entry Fee enclosed
- * Make Check or Money Order payable to:

DIRECTIONS

FROM O'HARE AIRPORT

EXIT AIRPORT TO MANNHEIM RD. SOUTH. TAKE MANNHEIM RD. APPROXIMATELY 8M TO N. FRONTAGE RD. MAKE A RIGHT TURN (WEST) AND STAY TO RIGHT (DO NOT GET ON EXPRESSWAY) ABOUT .5 MILE TO THE BEST WESTERN CHICAGO HILLSIDE ENTRANCE.

FROM MIDWAY AIRPORT

TAKE CICERO AVE. NORTH TO I-290 WEST (EISENHOWER EXPY) TAKE I-290 WEST TO WOLF RD, EXIT 16. MAKE A RIGHT TURN AT THE STOP SIGN. FOLLOW THE ROAD INTO THE BEST WESTERN CHICAGO HILLSIDE PARKING LOT.

FROM THE NORTH

FROM THE TRI-STATE (I-294) TAKE I-290 CHICAGO EAST EXIT, TO MANNHEIM RD. (EXIT 17). FOLLOW MANNHEIM RD. NORTH (17B). AT TOP OF RAMP STAY IN YOUR LANE TO GET BACK TO I-290 (WEST). GET OFF AT THE FIRST EXIT, WOLF RD. (EXIT 16). TURN RIGHT AT THE STOP SIGN AND FOLLOW THE ROAD AROUND INTO THE BEST WESTERN CHICAGO HILLSIDE PARKING LOT.

FROM THE SOUTH

EXIT THE TRI-STATE TOLLWAY (I-294) AT I-290 CHICAGO EAST TO MANNHEIM RD. (EXIT 17). FOLLOW TO MANNHEIM RD. NORTH (EXIT 17B), AT TOP OF RAMP STAY IN YOUR LANE TO GET BACK ON I-290 WEST. GET OFF AT FIRST EXIT, WOLF RD. (EXIT 16). TURN RIGHT AT STOP SIGN AND FOLLOW ROAD AROUND INTO THE BEST WESTERN CHICAGO HILLSIDE PARKING LOT.

FROM THE EAST

EXIT THE EISENHOWER EXPY. (I-290) AT WOLF RD. (EXIT 16). TURN RIGHT AT THE STOP SIGN AND FOLLOW ROAD AROUND INTO THE BEST WESTERN CHICAGO HILLSIDE PARKING LOT.

FROM THE WEST

FROM THE EAST-WEST TOLLWAY (I-88), PAY TOLL AT YORK RD. TOLL PLAZA AND GO TO I-290 CHICAGO EAST. STAY IN THE RIGHT LAND FOR MANNHEIM RD. (EXIT 17). FOLLOW TO MANNHEIM RD. NORTH (EXIT 17B). AT THE TOP OF THE RAMP STAY IN YOUR LANE TO GET BACK ON I-290 WEST. GET OFF AT FIRST EXIT, WOLF RD. (EXIT 16). TURN RIGHT AT THE STOP SIGN AND FOLLOW THE ROAD AROUND INTO THE BEST WESTERN CHICAGO HILLSIDE PARKING LOT.

First Strike

National Karate, Tae Kwon Do, Kung Fu Championship

General Rules

ALL COMPETITORS MUST SIGN A WAIVER

1. Uniform-All competitors **must** wear a traditional uniform of their respective style or system.
2. Spectators are NOT allowed on the competition floor at anytime.
3. Safety Equipment- It is MANDATORY. All competitors must wear. Punches, kicks, shin guards, head guard and mouth guard.
4. ANY competitor exhibiting poor sportsmanship will be disqualified.
5. In lodging a protest against a competitor, parent, or instructor, must respectfully get the attention of the center referee and state the rule of violation being protested. Protests are ONLY allowed when a rule has been violated. A judgment call may NOT be protested. Center referee will respect all protests, and may want to summon an arbitrator.

Traditional Forms

1. For under belts scoring range will be 7.00-8.50.
2. Black belt division scoring will range from 8.00-9.99.
3. Kata will be judged on the following criteria: Power, balance, focus, execution, concentration and control. Kata will also be judged on the performance of the competitor and NOT upon any judges' system or manner in which he/she thinks it should be performed.
4. To determine a competitor's score, the highest and lowest scores will be eliminated; the remaining scores will be added together. A competitor who forgets their kata may ask to restart ONE time, however, there will be a deduction of 1.00 from their score by officials.
5. In the event a tie occurs, the tied competitors will go once more. The competitor has the option to perform the same kata or a different kata. A competitor that chooses to perform a different kata and execute it well will gain 1.00 to the total score.
6. In the case of the Black Belt Tie, all black belts MUST execute a different kata. The competitor will be judged ONLY for the second performance. In the event there are only two competitors tied, a show of hands will determine the winner, however, if there are more than two competitors, all competitors must be scored again.

Kumite/Sparring

1. All competitors are required to wear all Safety Equipment: head guard, kicks, punches, shin guard, mouth piece and groin cup.
2. All sparring matches will be TWO (2) minutes running time.
3. Scoring: ONE point for proper hand technique. TWO points for proper kicking technique. THREE points for proper spinning technique.
4. In the event of a tie when time is called, 1.00 minute will be added to the time. The competitor who accumulates the most points will be declared the winner.
5. To score a point, the technique must be controlled, focused, snapping technique also with proper balance.
6. Judge/Referee calls: (Did not see technique) Hands MUST be placed in front of face or covered eyes. (No point) MUST cross both arms. (Clash) MUST put both fists together. (Point) MUST point to competitor receiving the point, or raise the color flags in the direction of the competitor getting the point.
7. Penalty Point: same as point.
8. Excessive contact: will result in disqualification.
9. Under belts: NO face contact: 1st strike (Warning), 2nd strike (Point Deduction), 3rd strike (Disqualification)
10. If bleeding occurs, the competitor causing the contact will be disqualified.
11. If a competitor falls to the floor, opponent has 3 seconds to score a point. There will be NO contact to the face or hand area. ONLY body contact is allowed while opponent is on the floor.
12. ANY competitor running out of bounds may result in a point deduction. 1st attempt (Warning), 2nd attempt (Point Deduction)
13. The following are considered illegal techniques:
14. Head butts, swinging techniques, hair pulling, biting, scratching, kneeling, elbow throws, rear leg sweeps, stomps to the head, jumping on a downed opponent, kick to the lower legs, blind techniques, open hand technique, eye strikes, spin kick to neck or throat, falling to the floor to avoid contact, pushing, running out of bounds, ringside coaching, or faking an injury.

KENNETH YOUNG

Mail to: Young's School of Martial Arts
28 W. Chicago Ave.
Oak Park, IL 60302

SANCTIONS: **M.A.K.A., U.M.A.A., M.U.M.A.A., I.S.K.A., K.A.R.A.T.E. Administration, & A.K.A.**

ARBITRATORS: Darrell Simms, Jeremy Talbot, Jerry Wise

COORDINATORS: Larry Tankson, Kewan Dixon

AWARDS: All 1st, 2nd, & 3rd Place Winners will receive a Beautiful Trophy. All children competitors under 12 will receive an award.

CASH PRIZES: \$100.00 - Black Belt Men Sparring Grand Champion
\$100.00 - Black Belt Kata Grand Champion
\$100.00 - Black Belt Women Sparring 1st place

SAFETY

EQUIPMENT: Safety Equipment is **Mandatory** for all Competitors, which includes:
Soft foam headgear
Soft shin guards
Groin cups for males
Mouth guards

If you have questions and/or concerns, please contact
Master Kenneth Young at
(708) 445-9252. Thank you!

NO REFUNDS-No exceptions will be made!

Special Thanks

to all of our parents, students, family and friends who have worked so hard to make this tournament a success.

First Strike

Divisions - "The New Future of Martial Arts"

WEAPONS CREATIVE/ TRADITIONAL

BLACK BELTS

- * M/W 50 & Older
- * M/W 40-49
- * M/W 35-39
- * M/W 18-34
- * B/G 15-17
- * B/G 12-14
- * B/G 11 & Under

UNDER BELTS

- * M/W 35 & Older Nov
- * M/W 35 & Older Int
- * M/W 35 & Older Adv
- * M/W 18-35 Nov
- * M/W 18-35 Int
- * M/W 18-35 Adv
- * B/G 16 & 17 Nov
- * B/G 16 & 17 Int
- * B/G 16 & 17 Adv
- * B/G 13-15 Nov
- * B/G 13-15 Int
- * B/G 13-15 Adv
- * B/G 10-12 Nov
- * B/G 10-12 Int
- * B/G 10-12 Adv
- * B/G 7-9 Nov
- * B/G 7-9 Int
- * B/G 7-9 Adv
- * B/G 5 & 6 All Ranks
- * B/G 3 & 4 All Ranks

MUSICAL WEAPONS/ WEAPONS EXTREME/ FORMS

BLACK BELTS

- * M/W 18 & Older
- * B/G 13-17
- * B/G 12 & Under

UNDER BELTS

- * M/W 18 & Older
- * B/G 13-17
- * B/G 12 & Under

FORMS EXTREME

BLACK BELTS

- * M/W 18 & Older
- * B/G 13-17
- * B/G 12 & Under

UNDER BELTS

- * M/W 18 & Older
- * B/G 13-17
- * B/G 12 & Under

FORMS CREATIVE

BLACK BELTS

- * M/W 50 & Older
- * M/W 40-49
- * M/W 35-39
- * M/W 18-34
- * B/G 15-17
- * B/G 12-14
- * B/G 11 & Under

UNDER BELTS

- * M/W 18 & Older Nov
- * M/W 18 & Older Int
- * M/W 18 & Older Adv
- * B/G 16-17 Nov
- * B/G 16-17 Int
- * B/G 16-17 Adv
- * B/G 13-15 Nov
- * B/G 13-15 Int
- * B/G 13-15 Adv
- * B/G 10-12 Nov
- * B/G 10-12 Int
- * B/G 10-12 Adv
- * B/G 7-9 Nov
- * B/G 7-9 Int
- * B/G 7-9 Adv
- * B/G 5 & 6 All Ranks
- * B/G 3 & 4 all Ranks

FORMS TRADITIONAL

BLACK BELTS

- * M/W 50 & Older
- * M/W 40-49
- * M/W 35-39
- * M/W 18-34 Hard
- * B/G 15-17 Hard
- * B/G 12-14 Hard
- * B/G 11 & Under

UNDER BELTS

- * M/W 35 & Older Nov
- * M/W 35 & Older Int
- * M/W 35 & Older Adv
- * M/W 18 & Older Nov
- * M/W 18 & Older Int

- * M/W 18 & Older Adv
- * B/G 16-17 Nov
- * B/G 16-17 Int
- * B/G 16-17 Adv
- * B/G 13-15 Nov
- * B/G 13-15 Int
- * B/G 13-15 Adv
- * B/G 10-12 Nov
- * B/G 10-12 Int
- * B/G 10-12 Adv
- * B/G 7-9 Nov
- * B/G 7-9 Int
- * B/G 7-9 Adv
- * B/G 5 & 6 All Ranks
- * B/G 3 & 4 All Ranks

SPARRING

BLACK BELTS

- * M/W 50 & Older
- * M 40-49
- * M Lt Wt 18-34
- * M Lt Hvy 18-34
- * M 35-39
- * W 18-34
- * W 35 & Older
- * B 15-17
- * G 15-17
- * B 12-14
- * G 12-14
- * B/G 11 & Under

UNDER BELTS

- * M 35 & Older
- * W 35 & Older
- * W 18-34 Nov

- * W 18-34 Int
- * W 18-34 Adv
- * M 18-34 Nov
- * M 18-34 Int
- * M 18-34 Adv
- * G 16-17 Nov
- * G 16-17 Int
- * G 16-17 Adv
- * B 16-17 Nov
- * B 16-17 Int
- * B 16-17 Adv
- * G 13-15 Nov
- * G 13-15 Int
- * G 13-15 Adv
- * B 13-15 Nov
- * B 13-15 Int
- * B 13-15 Adv
- * B/G 10-12 Nov
- * B/G 10-12 Int
- * B/G 10-12 Adv
- * B/G 7-9 Nov
- * B/G 7-9 Int
- * B/G 7-6 Adv
- * B/G 5 & 6 All Ranks
- * B/G 3 & 4 All Ranks